



# INTERNATIONAL ACADEMY OF SCHOLARS

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## CLASS : III TO V

### SUBJECT- BASKETBALL

#### TERM I

| SL NO | PRACTICAL                      | MARKS | THEORY                          | MARKS |
|-------|--------------------------------|-------|---------------------------------|-------|
| 1     | GRIP[HOW TO HOLD THE BALL]     | 10    | TYPES OF PASS                   | 2     |
| 2     | PASSING                        | 10    | WEIGHT OF THE BALL              | 2     |
| 3     | STANCE[HOW TO STAND WITH BALL] | 10    | WHO IS THE FATHER OF BASKETBALL | 2     |
| 4     | RECEIVED                       | 10    | SCORING/ POINTS                 | 2     |
| 5     | LEADUP ACTIVE                  |       | EQUIPMENT                       | 2     |

#### TERM II

| SL NO | PRACTICAL                        | MARKS | THEORY                   | MARKS |
|-------|----------------------------------|-------|--------------------------|-------|
| 1     | GRIP[HOW TO HOLD THE BALL]       | 10    | WARMING UP EXERCISE      | 2     |
| 2     | DRIBBLING                        | 10    | MEASUREMENT OF THE COURT | 2     |
| 3     | CHEST PASS WITH RUNNING/2-2 PASS | 10    | HISTORY OF BASKETBALL    | 2     |
| 4     | FREE SHORT                       | 10    | POINTS AND SCORING       | 2     |
| 5     | SPACIFIC WRAM-UP                 |       | NUMBERS OF SQUAD         | 2     |

### SUBJECT- HOCKEY

#### TERM I

| SL NO | PRACTICAL             | MARKS | THEORY            | MARKS |
|-------|-----------------------|-------|-------------------|-------|
| 1     | CONTROL AND DRIBBLING | 10    | BASIC OF HOCKEY   | 2     |
| 2     | PUSH PASS             | 10    | NUMBER OF PLAYERS | 2     |
| 3     | BALL RECEIVING        | 10    | USES OF STICK     | 2     |
| 4     | BASIC HIT             | 10    | PLAYING AREA      | 2     |
| 5     |                       |       | BASIC EQUIPMENTS  | 2     |

#### TERM II

| SL NO | PRACTICAL         | MARKS | THEORY            | MARKS |
|-------|-------------------|-------|-------------------|-------|
| 1     | ZIG ZAG DRIBBLING | 10    | BASIC OF HOCKEY   | 2     |
| 2     | PUSH AND STOP     | 10    | NUMBER OF PLAYERS | 2     |
| 3     | PUSH ON TARGET    | 10    | USES OF STICK     | 2     |
| 4     | PASS              | 10    | PLAYING AREA      | 2     |
| 5     |                   |       | BASIC EQUIPMENTS  | 2     |

### SUBJECT- BADMINTON

#### TERM I

| SL NO | PRACTICAL                         | MARKS | THEORY                       | MARKS |
|-------|-----------------------------------|-------|------------------------------|-------|
| 1     | Grip (Forehand & Backhand)        | 10    | Warm-up Exercises            | 2     |
| 2     | Forehand Serve                    | 10    | Measurement of Court         | 2     |
| 3     | Overhead Clear Shot               | 10    | History of Badminton         | 2     |
| 4     | Net Shot Practice                 | 10    | Scoring System               | 2     |
| 5     | Shadow Practice (Footwork Drills) |       | Number of Players in a Match | 2     |

#### TERM II

| SL NO | PRACTICAL             | MARKS | THEORY                     | MARKS |
|-------|-----------------------|-------|----------------------------|-------|
| 1     | Front court lifting   | 10    | Warm-up Exercises          | 2     |
| 2     | Backhand Serve        | 10    | Rules and Faults           | 2     |
| 3     | Dribble and lift shot | 10    | Match Format               | 2     |
| 4     | Drop shot             | 10    | Scoring System             | 2     |
| 5     | Physical fitness      |       | Events Played in Badminton | 2     |

**SUBJECT- BOXING**

**TERM I**

| SL NO | PRACTICAL                      | MARKS | THEORY             | MARKS |
|-------|--------------------------------|-------|--------------------|-------|
| 1     | STANCE AND GUARD               | 10    | BASIC OF BOXING    | 2     |
| 2     | COMBINATION PUNCH              | 10    | BASIC SAFETY RULES | 2     |
| 3     | FOOTWORK SIDE , BACK AND FRONT | 10    | USE OF GLOVES      | 2     |
| 4     | 5 MOVMENTS                     | 10    | BOXING RULES       | 2     |
| 5     |                                |       | BASIC MOVEMENTS    | 2     |

**TERM II**

| SL NO | PRACTICAL        | MARKS | THEORY             | MARKS |
|-------|------------------|-------|--------------------|-------|
| 1     | FOOTWORK BALANCE | 10    | BASIC OF BOXING    | 2     |
| 2     | 3 PUNCH          | 10    | BASIC SAFETY RULES | 2     |
| 3     | DEFENSE, COUNTER | 10    | USE OF GLOVES      | 2     |
| 4     | SHADOW BOXING    | 10    | BOXING RULES       | 2     |
| 5     |                  |       | BASIC MOVEMENTS    | 2     |

**SUBJECT-CRICKET**

**TERM I**

| PRACTICAL                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | THEORY                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ol style="list-style-type: none"> <li>Revision of basic cricket skills.</li> <li>Correct grip and stance for batting.</li> <li>Front-foot and back-foot batting basics</li> <li>Defensive and attacking shots.</li> <li>Basic bowling action and run-up.</li> <li>Underarm and overarm throwing techniques.</li> <li>Catching and fielding drills</li> <li>Wicket-keeping basics.</li> <li>Running between the wickets.</li> <li>Practice matches and skill assessment</li> </ol> | <ol style="list-style-type: none"> <li>Introduction to advanced basic rules of cricket.</li> <li>Names and uses of cricket equipment</li> <li>Dimensions/basic knowledge of pitch and wickets.</li> <li>Number of players in a team and their roles.</li> <li>Batting, bowling, fielding and wicket-keeping.</li> <li>Types of dismissals in cricket.</li> <li>Scoring system and extras in cricket.</li> <li>Spirit of the game and player discipline.</li> </ol> |

**TERM II**

| PRACTICAL                                                                                                                                                                                                                           | THEORY                                                                                        |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| <ol style="list-style-type: none"> <li>FORWARD DEFENCE/BACKWARD DEFENCE .</li> <li>PLACEMENT OF THE FOOT.</li> <li>DRIVE /STRIGHT/COVER/ON DRIVE.</li> <li>BOWLING GRIPS FAST BOWLER</li> <li>BOWLING GRIPS SPIN BOWLING</li> </ol> | <ul style="list-style-type: none"> <li>Study all Cricket related general knowledge</li> </ul> |

# FOOTBALL

## TERM I

| Class 3,4         | Theory   | Practical | Total Mark |
|-------------------|----------|-----------|------------|
| 1. Warm Up        | 2        | 5         | 7          |
| 2. Pass & Receive | 2        | 5         | 7          |
| 3. Defending      | 2        | 5         | 7          |
| 4. Attacking      | 2        | 5         | 7          |
| 5. Cool Down      | 2        | 5         | 7          |
| 6. S.S.G          |          | 15        | 15         |
|                   | 10 Marks | 40 Marks  | 50 Marks   |

## TERM II

| Class 3,4,5       | Theory   | Practical | Total Marks - 50 |
|-------------------|----------|-----------|------------------|
| 1. Warm up        | 2        | 5         |                  |
| 2. Pass & Receive | 2        | 5         |                  |
| 3. Defending      | 2        | 5         |                  |
| 4. Attacking      | 2        | 5         |                  |
| 5. Cool Down      | 2        | 5         |                  |
| 6. S. S. G        |          | 15        |                  |
|                   | 10 Marks |           | 40 Marks         |

# BIHU

## TERM I

### CLASS III

| THEORY                                                                                                 | PRACTICAL                                             |
|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------|
| ১/ নাচনীয়ে দুহাতত কি বুলায় ?<br>উ : জেতুকা ।                                                         | ১/ যিকোনো এফাঁকি বিহু নাম পৰিবেশন কৰা। ১০             |
| ২/ নাচনীয়ে বন্ধা তিনিবিধ খোপাৰ নাম কি কি ?<br>উ : (ক) কলডিলীয়া খোপা, (খ) নেঘেৰী খোপা, (গ) ঘিলাখোপা । | ২/ যিকোনো এফাঁকি বিহু যোজনা পৰিবেশন কৰা । ১০          |
| ৩/বিহু নামত থকা পাঁচখন নৈৰ নাম কি কি ?<br>উ : ব্ৰহ্মপুত্ৰ, দিহিং, দিচাং, দিখৌ, ধনশিৰি।                 | ৩/ এটা খঁৰা চেঙঁ মুখেৰে কোৱা । ১০                     |
| ৪/নাচনীয়ে ডিঙিত পিন্ধা তিনিবিধ অলংকাৰ কি কি ?<br>উ : (ক) জোনবিৰি, (খ) ঢোলবিৰি আৰু (গ) দুগদুগী ।       | ৪/বিহুৰ ১০(দহ) টা ভাঙ্গিমা চাৰিমাগ্ৰোত পদ চলন কৰা। ১০ |
| ৫/ বিহুৰ লয় কেইটা আৰু কি কি ?<br>উ : বিহুৰ লয় তিনিটা । ডিমা লয়, মধ্য লয়, ক্ৰান্ত লয় ।             |                                                       |

### CLASS IV AND V

| THEORY                                                                                                                                                                                       | PRACTICAL                                            |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|
| ১/অসমীয়া যন্তুকেটীৰ নাম কি কি ?<br>উ : গ্ৰীষ্ম, বৰ্ষা, শৰৎ, হেমন্ত, শীত আৰু বসন্ত ।                                                                                                         | ১/বিহুৰ ১০(দহ) টা ভাঙ্গিমা চাৰিমাগ্ৰোত পদ চলন কৰা। ৫ |
| ২/গোমেচা, জাপি বা বিহুত ব্যৱহৃত ৰঙা বা কিনিৰ প্ৰতীক?<br>উ : উৰ্বৰতাৰ প্ৰতীক ।                                                                                                                | ২/ ঢোল, পেপা, গগনাক লৈ বিহুনাম পৰিবেশন কৰা । ৫       |
| ৩/ সাতবিহু ভাত ৰোলে আৰু কি কি ?<br>উ : বয়সবিহুৰ সাতটা ভাগকেই সাতবিহু বোলা হয় ১/চ'তৰ বিহু বা ৰতিবিহু ২/পক বিহু ৩/ মনুৰ বিহু ৪/নেমৌ বিহু ৫/কুতুম বিহু ৬/ঘট বিহু বা গৌগাই বিহু ৭/ চেৰা বিহু । | ৩/ ঢোল, টকা যিকোনো এফাঁকি বিহু যোজনা পৰিবেশন কৰা । ৫ |
| ৪/কৰনী কি?<br>উ : যিহে খেতি পথাৰত কটীয়া গিটে বা কৰে ।                                                                                                                                       | ৪/বিহুৰ নাচনী চেঙঁ মুখেৰে কোৱা। ৫                    |
| ৫/ বসন্ত যন্তুত ফুৰা চাৰিবিধ ফুলৰ নাম কি কি?<br>উ : (ক) কপৌ (খ) নাহৰ (গ) তগৰ আৰু (ঘ) কেতকী ।                                                                                                 | ৫/ এটা খোৰাঁ চেঙঁ মুখেৰে কোৱা । ৫                    |
|                                                                                                                                                                                              | ৬/ মাছক লৈ এফাঁকি যোজনা পৰিবেশন কৰা ৫                |
|                                                                                                                                                                                              | ৭/ গিৰিপনী নাচ প্ৰদৰ্শন কৰা। ৫                       |
|                                                                                                                                                                                              | ৮/কপৌফুলক লৈ এফাঁকি যোজনা পৰিবেশন কৰা । ৫            |

| TERM II                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CLASS III                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                            |
| THEORY                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | PRACTICAL                                                                                                                                                                                                  |
| <p>১/ নান্দীয়া বজা (আপন) নাম কি কি ? ১<br/>উ: ক) কলভিলীয়া (আপন), খ) নেচৰী (আপন), গ) মিল্যৰোণা।</p> <p>২/বিহু নামত থকা তিনিজন লৈৰ নাম কি কি ? ২<br/>উ: মিহি, মিহা, মিখা</p> <p>৩/ বসন্ত ঋতুত তুল্য তুল্যৰ নাম কি কি ? ২<br/>উ: কপো, বাহৰ, তপৰ।</p> <p>৪/সাত বিহু কি কি ? ৪<br/>উ: বহাগ বিহুৰ সাতটা ভাগকে সাত বিহু বোলা হয়।<br/>হাতি বিহু বা হ'তৰ বিহু, বাহুৰ বিহু, খক বিহু, ঢোলী বিহু, কুতুৰ বিহু, হাটী বা বৌসাই বিহু, ঢেৰা বিহু।</p>                                            | <p>১/বিহুৰ ১০ (দহ) টা ভঙ্গীমা কেইটা পৰিবেশন কৰা। ১০</p> <p>২/ঢোল, পেপা, গগনাক লৈ বিহু নাম পৰিবেশন কৰা। ১০</p> <p>৩/যিকোনো এফাঁকি যোজনা পৰিবেশন কৰা। ১০</p> <p>৪/যিকোনো এফাঁকি বিহু নাম পৰিবেশন কৰা। ১০</p> |
| CLASS IV AND V                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                            |
| THEORY                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | PRACTICAL                                                                                                                                                                                                  |
| <p>১/ কলনী কি? ১<br/>উ: বিহু খেতি পৰম্পৰাৰ এটা পিঠি বা কাঠ।</p> <p>২/ বসন্ত ঋতুত তুল্য তুল্যৰ নাম কি কি? ১<br/>উ: (ক) কপো (খ) বাহৰ (গ) তপৰ আৰু (ঘ) নেচৰী।</p> <p>৩/জবকা কি? ২<br/>উ: জবকা হৈছে জবকা লৈ এলিৰ বাইৰ সজুলি।</p> <p>৪/সাত বিহু কাক বোলা হয়? ২<br/>উ: বহাগ বিহুৰ সাতটা ভাগকেই সাত বিহু বোলা হয়। ১)হ'তৰ বিহু বা হাতি বিহু ২)খক বিহু ৩) বাহুৰ বিহু ৪)ঢোলী বিহু ৫)কুতুৰ বিহু ৬)হাটী বিহু বা বৌসাই বিহু ৭) ঢেৰা বিহু।</p> <p>নান্দীয়া নামত কি তুল্য ? ১<br/>উ: নেচৰী।</p> | <p>১/ যিকোনো এফাঁকি বিহু নাম পৰিবেশন কৰা। ১০</p> <p>২/ যিকোনো এফাঁকি বিহু যোজনা পৰিবেশন কৰা। ১০</p> <p>৩/এটা খঁকা চেৰ্ট মুখৰে কোৱা। ১০</p> <p>৪/বিহুৰ ১০(দহ) টা ভঙ্গীমা চাৰিমাণো পদ চলনা কৰা। ১০</p>       |

**TERM I AND II**

### MODERN DANCE:

|                                                                                                                                             |                                                                                                                                                        |
|---------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>CLASS III</b>                                                                                                                            |                                                                                                                                                        |
| <b>TERM I</b>                                                                                                                               | <b>TERM II</b>                                                                                                                                         |
| <p>Oral:- Name all the main Grooves required for a good body language</p> <p>Practical:- Anyone Dance Choreography taught in the class.</p> | <p>Oral:- Name all the Drops, Rocks, Waves, Rolls &amp; Bounce</p> <p>Practical:- Anyone Groove Routine or Dance Choreography taught in the class.</p> |
| <b>CLASS IV</b>                                                                                                                             |                                                                                                                                                        |
| <b>TERM I</b>                                                                                                                               | <b>TERM II</b>                                                                                                                                         |
| <p>Oral:- Name all the main Grooves required for a good body language</p> <p>Practical:- Anyone Dance Choreography taught in the class.</p> | <p>Oral:- Name all the Drops, Rocks, Waves, Rolls &amp; Bounce</p> <p>Practical:- Anyone Groove Routine or Dance Choreography taught in the class.</p> |
| <b>CLASS IV</b>                                                                                                                             |                                                                                                                                                        |
| <b>TERM I</b>                                                                                                                               | <b>TERM II</b>                                                                                                                                         |
| <p>Oral:- Name all the main Grooves required for a good body language</p> <p>Practical:- Anyone Dance Choreography taught in the class.</p> | <p>Oral:- Name all the Drops, Rocks, Waves, Rolls &amp; Bounce</p> <p>Practical:- Anyone Groove Routine or Dance Choreography taught in the class.</p> |

## KATHAK

### TERM I and TERM II

- 1) Tatkar Barabar Chougunn
- 2) Tehai
- 3) Simple Tukra
- 4) Palta
- 5) Simple Amooth
- 6) Practical

## KARATE

### TERM I

1. Basics ( Stances, blocks)
2. Japanese Terminology
3. Combination techniques

### TERM II

Topics - Basics ( punches & kicks )

Introduction of kata

Kata techniques

Dojo kun & dojo Etiquettes ( only for class 5 )

## TABLA

### TERM I

#### PRACTICAL

1. (A) DETAIL: Tritaal, Jhaptaal, Ektaal  
(B) NON-DETAIL: Tilwada, Adachautaal, Jhoomra, Kehrwa, aur Dadra
2. (Compositions):  
Jhaptaal: 1 Kayda, Paltas, 1 Tukda, aur 1 Mukhda.  
Tritaal: 2 Kaydas, 4 Paltas, 2 Tukdas, aur 2 Mukhdas.  
Ektaal: 1 Kayda, 4 Paltas, 1 Tukda, aur 1 Mukhda.

#### THEORY

Technique: how to play Syllable (varna) (individually) (jointly) technique.

Definitions :

Qaida, Gat, Mukhda, Rela, Tihai, Tukda, aur Paran.  
Gharana: (Knowledge of all Gharanas of Tabla)

### TERM II

#### PRACTICAL

- Elementary Knowledge of Turning the Instrument.
- Theka and variations of Kahruva and Daadra Taals.
- Variation of Teitaal, Ektaal and Jhaptaal.
- NON DETAIL: Punjabi and Dhamar Taal.

#### THEORY

Definitions:

- Sangit, Taal-vadya, Avanadha vadya, Ghana vadya, Taali, Vibhag, Avartan, Theka, dugun, Tigun, chaugun.
- Method of writing in notation all the prescribed Taals with Theka and Bolos.
- Life sketch of a great exponents of Tabla.

# YOGA

## TERM I



## (CLASS III TO V)



## TERM II

### CLASS III

Theory questions.

1) Who is the mother of all Asanas?

Ans:- Sarvangasana.

2) From what age should Yoga be practiced?

Ans:- Ages 4-5.

3) Which Asanas should be done before sleeping at night?

Ans:- Child's Pose (Balasana).

4) How long should you do yoga after eating?

Ans:- 2 to 3 hours.

5) Asana:- Yoga poses or postures.

6) Pranayama:- Breathing that help control breath.

7) Dhyana:- Meditation.

8) What was the first Yoga pose?

Ans:- Lotus (Padmasana).

9) Who is the sister of Yoga?

Ans:- Ayurveda.

10) What is the first rule of Yoga?

Ans:- Non-violence or non-harm.

11) Name one sage of Yoga.

Ans:- Maharishi Patanjali.

12) Shloka of Maharishi Patanjali.

Ans:- Atha Yogaha Anushanam.

Atha mean now.

Yoga mean Union.

Anushasanam mean Discipline.

13) What is the benefits of Bhujangasana?

Ans:- It helps to improve digestion system.

**Practical:-**

Chakrasana, Setu - Bhandhasana, padmasana, Bhujangasana, Bhujangasana, Sukhasana, Malasana, Dhanurasana, Balasana & Shanshakasana.

**TERM II**

**CLASS IV AND V**

**THEORY QUESTIONS:-**

1) Benefits of Tadasana.

Ans:- It removes laziness  
It improves digestion.

2)Benefits of Bhujangasana

Ans:- It helps in circulation of blood in entire body  
It improves the concentration and coordination.

3) Benefits of Setu- Bhandhasana.

Ans:- It develops strength and confidence.  
It makes the spine flexible and removes the backache.

4)Levels of Competitions name.

Ans:- School Level.  
Zonal/District Level.  
National Level.

5) Benefits of Dhanurasana.

Ans:- It helps in reducing back pain.  
It helps in reducing fat around the stomach, waist and hips.

6)What is the best place for Yoga?

Ans:- Quiet & clean place

7) What is the best time for Yoga?

Ans:- Morning and evening.

8)What are the rules of Yoga?

Ans:- Cleanliness, simplicity and discipline

9)What are the essential things required for Yoga?

Ans:- Yoga mat, comfortable clothes, and quiet environment.

10)Why is Yoga important?

Ans:- Yoga brings balance and well- being to life.

11)What is the importance of Pranayama in Yoga?

Ans:- Control of breath and mental peace.

12)What is the Importance of asanas in Yoga?

Ans:- Physical health and flexibility.

13)What is the Suitable diet for Yoga?

Ans:-Wholesome and healthy diet.

14)What is the importance of meditation in yoga?

Ans:- Mental peace and self- awareness.

15)What is the required discipline for Yoga?

Ans:- Regular Practice and simplicity.

16)What is the Suitable approach for Yoga?

Ans:- Positive and spritual approach.

17)What is the first Yoga pose?

Ans:- Lotus( Padmasana).

18)Who is the sister of Yoga?

Ans:- Aayurveda.

19)Names two sages of Yoga.

Ans:- Maharishi Patanjali and Swami Swatmaram.

20)Shloka of Maharishi Patanjali.

Ans:- Atha Yoga Anushanam.

**PRACTICAL:**

Bhujangasana, Dhanurasana, Setu-  
Bhandhasana, Ustrasana, Shanshakasana,  
Chakrasana, Sabasana, Balasana,  
Gomukhasana & Surya Namaskar.

## **MUSIC (VOCAL PRACTICAL)**

### **TERM I**

### **TERM II**

#### **PRACTICAL**

- 1) Alankar
- 2) Sargams of shuddha swara
- 3) Bishnu Sangeet
- 4) Prayer Song
- 5) Patriotic song / Song of Parvati Prasad Baruah
- 6) Bols of Taal

#### **PRACTICAL**

- 1) Sargams of komal swara
- 2) Jyoti Sangeet
- 3) Bhupendra Sangeet
- 4) Song of Rudra Baruah
- 5) Patriotic Song
- 6) Saraswati Vandana
- 7) Bols of Taal

## **GUITAR**

### **CLASS : III TO IV**

#### **TERM I**

#### **Oral mark 10**

STAFF AND ITS NAMES OF LINES AND SPACES.  
NOTES AND ITS VALUES AND BEATS.  
SIGHT READING.

#### **PRACTICAL = 40 mark**

CHROMATIC SCALE OF E (OPEN Position)  
PPINCIPAL CHORDS OF C MAJOR.

#### **TERM II**

#### **Oral mark 10**

THE NAMES OF THE DIFFERENT PARTS OF THE GUITAR.  
FOR  
PROPER Position EFFICIENT PLAYING.  
KNOWING THE NOTES OF THE FRETS.

#### **PRACTICAL = 40 mark**

TECHNICAL: CHROMATIC EXERCISE ACROSS All STRINGS.  
SCALE C MAJOR OPEN POSITION  
CHORDS: BASIC C MAJOR AND & MOJOR OPEN POSITION SHAPES

### **CLASS : V**

#### **TERM I**

#### **Oral mark 10 PRACTICAL = 40 mark**

1. Fundamentals of harmony of sound
2. Basic notations of the music
3. Fundamentals of rhythm
4. Concept of the chord
5. Structural building block of the guitar
6. How to use the capo in guitar

#### **TERM II**

1. Fundamental idea about the scale
2. Fundamental idea about interval
3. Core, structural idea about guitar fret board
4. Strumming pattern of the guitar

## **KEYBOARD AND PIANO**

### **TERM I**

#### **➤ LESSONS / TOPICS ( Practical+ Oral )**

- 1) Basic knowledge of Piano.
- 2) How to play Piano with both hands. (C' major scale .)
- 3) Learn major scale with formulas. (C, D, E)
- 4) Learning the notes A through G and their placement on the keyboard.
- 5) Understanding the different G clef on treble clef and their placement on the stave
- 6) Learning the play simple scales exercise on C, F, G major scale with fingering (Right hand).

### **TERM II**

#### **➤ LESSONS / TOPICS ( Practical+ Oral )**

- 1) Basic knowledge of Keyboard
- 2) Introducing time and note value.
- 3) Learn major scales and formulas. (F, G, A ,B)
- 4) Understanding the different G clef or treble clef and their placement on the staff
- 5) Learning the notes C through B and their placement on the keyboard / Piano
- 6) Learning to play simple play exercise on D, G, A major scale with fingering (Right hand)
- 7) How to play Piano with both hands. ( D Major Scale ).